

SENNETT SENIORS NEWSLETTER

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Is it good or bad that daylight hours are getting shorter? Can we even tell yet? Ice cubes, air conditioning, and fans seem to be the order of these 90°-ish days!

As we gather again, we are sad to mention the recent death of **Helen Flanigan's** brother who was also **Deanna Flanigan's** husband. If you know of anyone who would appreciate a note from us for any reason, please tell **Pat Baran, @ 315-834-9993.**

Welcome, and many thanks to **Kirsten Malone** who is here today to talk to us about **Healing Hearts.**

Here are some details about **our next meeting:**
~~**Wednesday, August 20th, @ 11:30, at The Lodge . RSVP date is August 11th.** Cost remains \$20 per person, except for veterans and members 90+ years old who pay \$10 each.

At that meeting **we will be collecting school supplies;** and if you'd like to contribute, you might bring new pencils, pens, (erasable?) markers, crayons, colored pencils, notebook or lined paper, folders, rulers, glue sticks, tissues, hand sanitizer, or other things a student might use in class.

Our trip to Cortland Repertory Theater on July 22nd is filled!

There are signup sheets here today for two other trips:
~~**The Canandaigua Lake luncheon cruise and visit to the Erie Canal Heritage Park in Port Byron** set for August 27th. Cost is \$65.
~~**Buffalo Botanical Gardens and the Chocolate Factory** trip on October 1st. Estimated cost also \$65.

Info. re other trips? Call **Office for the Aging @315-253-1226.**

Also available here today are handouts about the annual **Senior Fair**, to be held from **8:30 'til 1:00 on September 24th, at the Finger Lakes Mall** again. Director of the NY State Office for the Aging will be the headline guest speaker. Also presenting will be Brenda Weiman, local Director of the OfA, and Dietician Vickey Lounsbury, who may offer chances to play Nutrition Bingo.

You might want to be aware of a new program called **Go Go Grandparent.** It can provide transportation to things like swimming or medical appointments, when the SCAT van isn't available, and might go as far as Syracuse. Again, **OfA is the place to call for information: 315-253-1226.**

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[small space: small jokes:] What do you call seagulls that fly over the bay? bagels
What did the Atlantic Ocean say to the Pacific Ocean? nothing....It just waved.